

STUDENT MOTIVATION IN PHYSICAL EDUCATION - THE EVIDENCE IN A NUTSHELL

Abstract

Student motivation plays an important role in the teaching and learning process in general educational settings as well as in physical education (PE). This review should provide a brief and concise overview of the empirical evidence that is available regarding student motivation in PE. The review will organize research findings on student motivation in PE according to its relation to physical activity, motivational factors, barriers to motivation, motivational profiles, and interventions.

Key words: *student motivation, physical education, predictor variables*
