

## AN INVESTIGATION INTO THE RELATIONSHIP BETWEEN PERSONAL AND ORGANIZATIONAL TIME MANAGEMENT SKILLS AND SOME DEMOGRAPHIC TRAITS (AGE, GENDER, JOB HISTORY, EDUCATIONAL MAJOR) AMONG PHYSICAL EDUCATION MANAGERS

### **Abstract**

*The purpose of this study was to investigate the relationship between personal and organizational time management skills and some demographic traits among physical education managers. The method of the research was correlative. The statistical sample consisted of all the managers of physical education administrations in Fars province, Iran (N= 110). The data was gathered through time management questionnaires, made by Hafezi (2008). Questionnaires' validity was confirmed by the ideas of experts. The reliability was confirmed by cronbach  $\alpha$  after a pilot test. The grades were 0.84 and 0.82 for each questionnaire. Normal distribution was determined by Kolmogorov-Smirnov test. Descriptive and inferential statistics were used to analyze the data. Inferential statistics consisted of Pearson's correlation coefficient, independent T-test and multiple regressions. Software SPSS was used to analyze the data. The findings demonstrated a significant relationship between age and operational planning. Regression coefficient demonstrated no significant relationship in terms of gender. It is suggested to revise the laws making difference between men and women in terms of management principles. Also, it is necessary to think of a two-unit course of time management in the universities to increase the knowledge of time management. Also, it is necessary to pave the way for the youth to come into organizational posts.*

**Key words:** *management skill, administration management in physical education*

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