

## THE MOTOR LITERACY TEACHING: A PROPOSAL FOR VALID EDUCATIONAL AND TEACHING BODILY AND PSYCHOLOGICAL GROWTH OF THE INDIVIDUAL

### **Abstract**

*The concept of learning "model" in education-motor is similar to the process of Modelling in NLP (Neuro Linguistic Programming) which promotes the ability to influence behaviour patterns through neurological processes resulting from a use of language that these mechanisms are only transferred in the field of motor resulting in forms of learning that we find in design situations related to our field of research which precisely Literacy Motor. The objectives of proper physical activity should stimulate reflection in relation to the techniques of sequential design and monitoring in the education and training of the individual mobility from a young age already. The contents and functions of these proposals cannot be separated from issues related to education motor according to age and the context of reference, media and materials are available and finally the impact factor generated by the direct experience of the subjects involved. The pilot project "Literacy motor" in the Primary School - Directions to the organization of motor activity in primary school, promoted and wanted by the Minister of Education Mr Gelmini, started earlier this year and has scholastic 2009-2010 CONI seen as involving the organizer responsible for this project, the Presidency of the Council of Ministers and the contribution of the Italian Paralympic Committee. Everything converges in a single priority: the safety and prevention, healthy lifestyle, health and wellness. In this way they have been achieved milestones in the development of skills at the end of primary school. The details and the positivity of the data resulting from surveys made clear continuation of experience also allowed the start of this school year 2010-2011 with a possible implementation involving time in new school buildings.*

**Key words:** motor, modelling, motor intelligence, meta-cognitive, emotional needs, emotions

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