

WHAT DOES A SCHOOLBAG OF PRIMARY SCHOOL GIRL PUPILS LOOK LIKE?

Abstract

The goal of this research was to examine the weight of a schoolbag which female pupils carry to school every day, i.e., percentage ratio of schoolbag weight in relation to the body weight which is recommended by World Health Organization and which must not be more than 10% of body weight. The research was realized on the sample of 114 girl pupils, divided into eight sub samples according to grade. The research included body weight, schoolbag weight and percentage ratio of schoolbag weight in relation to body weight. Analysis of variance indicates statistically significant differences for each variable in relation to grade. Percentage ratio of a schoolbag weight in relation to body weight is the smallest in seventh and biggest in first grade.

Key words: schoolbag, girl pupils, primary school
