

## TRANSFORMATION OF MOTOR AND SITUATIONAL-MOTOR ABILITIES OF BOYS UNDER THE INFLUENCE OF PROGRAMMED VOLLEYBALL PRACTICE

### **Abstract**

*This research was conducted on a sample of seventy-two boys who were eleven and twelve years old and who were members of volleyball school. The aim of this research is to establish the partial quantity differences in transformation of motoric and situational- motoric abilities of volleyball school member boys between initial and final measurement under the influence of programmed volleyball practice. Fifteen basic-motoric variables and five variables for assesment of situational-motoric abilities of volleyball players were used in this research. With the use of T- test for dependable causes, it was established that programmed volleyball practice has produced statistically important partial transmission effects in the area of motoric and situational-motoric abilities of the participants between the initial and the final measurement.*

**Key words:** volleyball, transformation, motoric, situational motoric, boys, variables

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