

ANXIETY OF KARATE COACHES

Abstract

Development needs of karate sport in modern conditions stand in the foreground the importance of studying and monitoring the psychological structure of personality all its stakeholders. In particular, in recent times, call for comprehensive monitoring of trainers, both in terms of direct sport-training technology and other scientific fields border. Successfully addressing coaching job, above all, characterized by the achievement of certain business and other results, it cannot be imagined today without taking into account the psychological dispositions of each individual. The practical application of psychological laws are often plays a decisive role in the complex process of human labor involvement. The research was conducted for the Karate Union of Vojvodina, and the goal is to detect the degree of anxiety had at Karate coaches who are actively involved in the Karate Union of Vojvodina. The sample of respondents consisted of 80 coaches from 53 karate clubs that are members of the Karate Union of Vojvodina and its activities are realized within the concept of WKF karate.

Key words: anxiety, coaches, karate
